

ORRC 10K Series 2011

Now through February 2011, sign up for an entire YEAR of ORRC 10Ks all for only \$100!!! Participate in EIGHT different 10K events, for a savings of up to \$60! Save time! Save money! The ORRC 10K Series includes:

- ▶ Pre-registration in eight ORRC 10K races.
- ▶ A long-sleeve tech shirt featuring all eight races!
- ▶ Prize drawings at each 10K event.
- ▶ Special awards for 10K Series participants.

There is no minimum number of races out of the eight that you have to run/walk to qualify for the 2011 Series awards, but the more you finish the greater your score. Meet friendly runners and walkers. Be inspired and motivated by spending time with people who love to be outdoors and challenge themselves in the racing environment. Updates and standings will be posted on our 10K Series page at: www.orrc.net

ORRC 10K Series Race List for 2011

January 2	Y2K.XI
March 5	Champoeg
May 7	Hagg Lake
May 30	Up the Lazy River
August 13	Garlic Festival
September 5	Wildwood Trail Trial
September 24	Best Dam Run
October 29	Autumn Leaves

Mail this form to ORRC 10K Series, 20725 NW Rock Creek Blvd., Portland, OR 97229

Participant Name _____ Runner Walker
Address _____ City _____
State _____ Zip _____ Gender M F DOB ____/____/____ Age as of 1/1/11: ____
Email _____
Phone (____) _____
Shirt Size S M L XL 2XL

Make checks payable to ORRC (Oregon Road Runners Club)

ORRC 10K Series and all eight races: \$100 _____

I'm not an ORRC member, but sign me up for an individual membership plus 10K Series entry: \$130 _____

RELEASE: I know that running, walking and volunteering at races are potentially hazardous activities. I should not participate in activities unless I am medically able and properly trained. I agree to abide by any decision of a race official concerning my being allowed to participate in or complete this event. I assume all risks associated with participating in the event, including, without limitation, falls, contact with other participants, the effects of weather, including high heat and / or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone enlisted to act on my behalf, waive and release Oregon Road Runners Club, the State of Oregon, Road Runners Club of America, and all sponsors, and their respective directors, officers and successors from all claims or liabilities of any kind arising out of my participating in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver, and grant permission to them to use photographs, motion pictures, or other record of me in this event.

Signed _____ Date _____

If under 18 years of age, Signature of Parent or Guardian _____