

••• Oregon Road Runners Club 10K Series 2010 •••

Now through February 2010, sign up for all ORRC 10Ks at the drastically reduced price of \$100!!!

Save time! Save money! The 10K series includes:

- Pre-registration in eight ORRC 10K races!
- Red 10K series Fleece jacket with monogrammed with your name!
- Special awards for 10K Series participants!

For 2010, there is a separate category for walkers!

In 2010, there are points for participation—not just for coming in first!

For 2010, there will be a prize drawing at each 10K for those Series entrants who are there.

There is no minimum number of races out of the eight that you have to run/walk to qualify for the 2010 Series awards, but the more you finish, the greater your score.

Meet friendly runners and walkers. Be inspired and motivated by spending time with people who love to be outdoors and challenge themselves in the racing environment.

You can save \$20 to \$60!!!! over the individual event entry fees. SAVE NOW!!!

Updates and standings will be posted on our Series page at www.orrc.net.

Mail this form to Oregon 10K Series, 20725 NW Rock Creek Blvd., Portland, OR 97229

Participant Name _____ Runner Walker

Address _____ City _____

State _____ Zip _____ Gender M F DOB ___/___/____ Age as of 1/1/10: _____

Email _____

Phone (____) _____ Fleece Size: XS S M L XL 2XL

Make checks payable to ORRC

This includes the Oregon 10K Series and all eight races: ORRC Member \$100 _____ Non-member \$125 _____

I'm not an ORRC member, but sign me up for an individual membership plus this one-time Series entry: \$130 _____

RELEASE: I know that running, walking and volunteering at races are potentially hazardous activities. I should not participate in activities unless I am medically able and properly trained. I agree to abide by any decision of a race official concerning my being allowed to participate in or complete this event. I assume all risks associated with participating in the event, including, without limitation, falls, contact with other participants, the effects of weather, including high heat and / or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone enlisted to act on my behalf, waive and release Oregon Road Runners Club, the State of Oregon, Road Runners Club of America, and all sponsors, and their respective directors, officers and successors from all claims or liabilities of any kind arising out of my participating in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver, and grant permission to them to use photographs, motion pictures, or other record of me in this event.

Signed _____ Date _____

If under 18 years of age,
Signature of Parent or Guardian _____