

Limited Parking

Oregon Zoo has limited parking. Ride **Tri-Met**. Call 503-238-RIDE for bus and Max information.

Restrictions

No pets, bikes, or rollerblades allowed. Strollers and child carrier backpacks allowed only in the 4 Mile. Walkers and runners share the same course.

More Info

503-667-0480

www.orrc.net

Leave a message and one of our volunteers will call you back.

Volunteers Needed

Phone 503-667-0480 or email orrc@orrc.net

If you can help out before, during or after the events, even if you're not sure how, give us a call and we'll find the perfect job for you. The Zoo animals and Turkey Trotters will thank you!

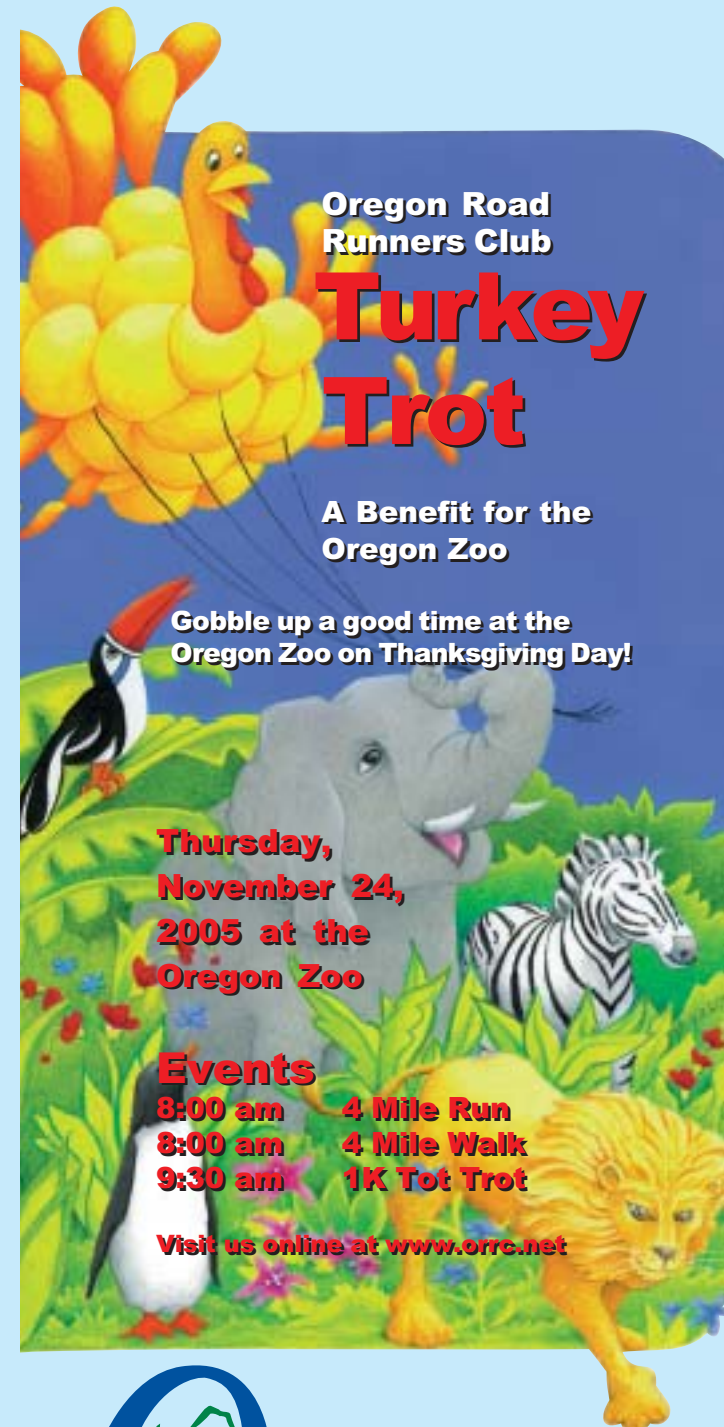
Sponsors

A big "thank you!" to all the organizations that pitched in to make this event a success.

Approximately \$9,000 of entry fees goes to benefit Oregon Zoo programs. Some proceeds also go to ORRC, a 501(c)(3) not for profit organization.



P.O. Box 2115
Gresham, OR 97030



Non-Profit
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Permit No. 3790



Events

- 4 Mile Run 8:00 am
- 4 Mile Fitness Walk 8:00 am
- 1K Tot Trot 9:30 am

Mile splits will be marked. Three noncompetitive events: a run, a walk and a trot just for kids. The Run and Walk start in front of the Forestry Center and finish in the Zoo's concert amphitheater. The Tot Trot starts and finishes in the Zoo amphitheater.

4 Mile Run/Walk

Run and walk events will traverse Southwest Portland hills on streets. A clock will be provided for self-timing at the finish.

1K Tot Trot

Getting youth age 11 and younger off on the right foot, a 1 kilometer (just over 1/2 mile) route tours the Zoo. Free long sleeved T-shirts to every pre-registered kid age 11 or younger (11/17 cutoff).



It's Easy to Register

- By mail if received by 11/17
- Online (until 11/22) at SignMeUpSports.com
- Special \$4 Early Registration discount off the Adult Rate if registered before 11/1. Save \$\$\$!

Day of Event Registration

At the Oregon Zoo, 7:00–7:45 am, Thanksgiving Day, Thurs, November 24. Event is limited to the first 2,000 entries.

Packet Pickup

Inside the Oregon Zoo (not the Forestry Center), starting at 7:00 am. Runners and walkers should be registered, have their packets and be ready to start by 7:45 am. Tot Trot: 9:15 am.

T-shirts Will Be Sold; "Tech" Shirts

Long-sleeved T-shirts celebrating the Turkey Trot at the Zoo may be purchased (extra) with registration until 11/17, and after that date if available. Also, a limited quantity (300) of ORRC Turkey Trot "tech" (microfiber) shirts may be purchased until 11/10.

Drop Bags

Provided at registration area to check extra clothing. Retrieve yours after the run/walk is over.

Water Stops

One will be provided on the course for everyone.

Only paid registrants will be able to enter the zoo. Discounted admission is available for spectators after 8:00 am. One parent for each registered Tot Trot participant will receive a free admission coupon at registration.

ORRC Turkey Trot at the Oregon Zoo. Thanksgiving Day November 24, 2005

Name: Last _____ first _____ M F <12 12-64 65+ for Zoo purposes Age on Event Day.

Address _____

City _____ State _____ Zip _____ email _____ Phone _____

Release Form (mandatory): In consideration of my entry, I for myself, my heirs, executors, administrators, and assigns waive, release, and discharge any and all rights, claims or damages against any of the Oregon Road Runners Club, the Oregon Zoo, Road Runners Club of America, Metro, City of Portland, all participating sponsors and directors, volunteers, employees and agents of such parties for all claims or damages, demands, actions whatsoever in any manner arising or resulting from my participating in said event. I attest and verify that I have full knowledge of the risks involved in this event, that I assume those risks, that I will assume and pay my own medical and emergency expenses in the event of an accident, illness or other incapacity, and that I am physically fit and sufficiently trained to participate in this event, and grant permission to use photographs and other records of me in the event for any legitimate purpose.

Signature of athlete or parent (if participant is under 18) _____

<input type="checkbox"/> Run	<input type="checkbox"/> Walk	<input type="checkbox"/> Tot Trot	Early Sign Up (before 11/1)	Pre-Registration (received by 11/17)	Day of Event
			\$22	\$26	\$30
<input type="checkbox"/> 4 Mile Run or Walk - Adult Rate*			\$8	\$12	\$16
<input type="checkbox"/> Youth Rate (age 11 & under)			\$50	\$60	\$70
<input type="checkbox"/> Family rate (Max. 2 Adult Rate and 3 Youth, immediate family - fill out & sign separate entry form for each participant)					

DISCOUNTS & ADDITIONS: *Discount: Current ORRC Member, subtract \$4 from Adult Rate
 T-Shirt Order: ADD \$10 for Long-sleeve Shirt \$20 for "tech" (microfiber) Long-sleeve Shirt
 Adult Shirt: S M L XL
 Kids Shirt: S M L

Sign me up as an ORRC member (I'll qualify for race discount). Enclosed is an additional \$30 individual or \$40 family membership, good until December 2006, payable to ORRC.
Mail to: ORRC, PO Box 2115, Gresham OR 97030

TOTAL AMOUNT ENCLOSED: \$ _____
 Please make check payable to ORRC)