

Join ORRC!

Not a member? Consider joining today! Save money on all ORRC runs, receive the Oregon Distance Runner magazine, participate in training runs, and earn ORRC bucks by volunteering.

Sign me up! I want to be an ORRC member.

___ \$30 individual membership

___ \$40 family membership



Volunteer opportunities are still available at Wildwood Trail Trial and other ORRC events.

Get involved, support a great race, and join a great running/walking club!

YOUR PARTICIPATION in the Wildwood Trail Trial SUPPORTS:



Donate now!
kknapp@humansolutions.org

&



ONE STEP CLOSER

Bring your gently used running clothing, shoes and gear on race morning and get a \$1 refund (drop boxes at Start and Finish). Supplies will be donated to **ONE STEP CLOSER**, a running group for individuals experiencing homelessness.



Monday, Sept. 5, 2011
(Labor Day)
8:30-11:30 a.m.

Choose your own start time – course closes at 12:30 p.m.

wildwoodtrail@orrc.net

<http://www.orrc.net>

DIRECTIONS FROM THE PORTLAND AREA

TO FINISH AREA: Go west across the Broadway Bridge to NW Lovejoy. NW Lovejoy turns into NW Cornell Rd. Stay on NW Cornell until Upper Macleay Park.

+45° 31' 38.07", -122° 43' 38.37"

TO START AREA: The same as finish, then continue on NW Cornell past Upper Macleay Park to NW Thompson Rd. Turn right on NW Thompson and go to NW 53rd Dr. Turn right on 53rd, and then turn right onto Forest Lane (Fire Lane 1).

+45° 33' 8.27", -122° 44' 48.24"

DIRECTIONS FROM BEAVERTON/WESTSIDE

TO FINISH AREA: Go East on NW Cornell Rd to Upper Macleay Park (approx. 5151 NW Cornell Rd.)

TO START AREA: NW Cornell Rd to NW Thompson Rd. Turn left on NW Thompson and go to NW 53rd Dr. Turn right on 53rd, and then turn right onto Forest Lane (Fire Lane 1).

From Vancouver: South on I-5 to Broadway Bridge.

From Salem: North on I-5 to the Broadway Bridge.

From Gresham: West on I-84 to I-5, then North to Broadway Bridge.

START-FINISH AREAS and PARKING

The start is at the intersection of Fire Lane 1 and the Wildwood Trail (approx. 2900 NW 53rd Ave., Portland 97210.) The finish is in Upper Macleay Park (approx. 5151 NW Cornell.) There is parking at both the start and the finish; however **there is more ample parking at the finish line.** ORRC Shuttle vans will be available throughout the course. (Carpooling is strongly encouraged due to limited parking.)

ORRC vans will shuttle back and forth.

THE COURSE

Packed earth trail with many turns. Mostly good surface with some rocks, roots, and occasional slugs. **Register and start** at the junction of the Wildwood Trail and Firelane 1. Proceed south to Upper Macleay Park. A 650' elevation loss in the first 5.7 miles and a 200' climb in the last half mile. **Note:** This is NOT a closed course. Expect to share the trail.

START IN 1-2 MINUTE INTERVALS

Participants start in 1 to 2 minute intervals from 8:30-11:30 a.m., in heats of 4 or less. Start times are assigned at the start line on Fire Lane 1, so just come when you want to run during race times. 10:00 - 11:00 starts are usually wide open. **Note:** The course closes at 12:30 p.m., so take a good guess at your 10k time before choosing your start time.

Entry Fees

By Sept. 1 (mail-in) or Sept. 4 (online)

ORRC Members \$15

Non-members \$20

Day of Race

Add \$10 to fee

Award nominated Technical T-shirt

Only \$20!

Student sports/running teams with 5 or more registered together – \$15 each.

(Includes t-shirt if registered before Sept. 1)

<http://www.active.com/running/portland-or/orrc-wildwood-trail-trial-2011>

Wildwood Trail Trial: REGISTRATION

Name _____

Address _____

Email _____

Gender _____ Age on 9-5-11 _____

Award nominated Technical T-shirt

Only \$20!

T-shirt size: S M L XL

\$ amount enclosed _____

Waiver: (Must be Signed). I know that participating in a road race is potentially hazardous activity. I should not enter and participate unless I am medically able and properly trained. I agree to abide by any decision of a race official concerning my being allowed to participate in or complete this event. I assume all risks associated with participating in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Oregon Road Runners Club, Road Runners Club of America, Oregon Parks and Recreation, and all sponsors, and their respective directors, officers, and successors from all claims or liabilities of any kind arising out of my participating in this event though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Signature _____

Signature of Parent/Guardian if participant is under 18

MAIL TO: (postmarked by Sept. 1)

WTT/ORRC

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