



### Directions

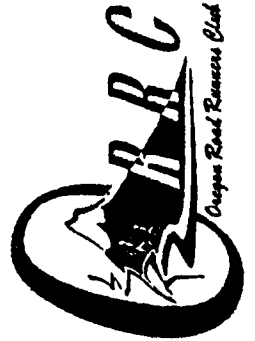
Take TV Highway westbound to Forest Grove. Drive west through town past Pacific University and the downtown area. Tom McCall (1341 Pacific Ave) is at the intersection of Pacific Avenue and Hwy 8 on the west end of Forest Grove. **Carpooling is encouraged!**

### Join ORRC Now!

This event is open to all runners and walkers, but you can save money on entry fees (\$5 per event) and get great benefits by joining ORRC. You will receive the Oregon Distance Runner magazine, get discounts at local running stores, discounts at ORRC races, training runs and more. Enclose a separate check for \$30 (individual) or \$40 (family) annual membership.

### Volunteers Needed

Volunteers get free pancakes and a vest. If you can help, contact Mark Barrett (Race Director) at 503-821-9577 or [MBarretts@aol.com](mailto:MBarretts@aol.com)



ORRC  
Y2kX Run  
PO Box 1035  
Forest Grove, OR 97116

Oregon Road Runners Club

Y2kX

20.10K Run  
10K Run/Walk  
2 mile Walk  
Sunday  
January 3, 2010  
9:30am

**The Oregon Road Runners Club  
presents the Y2kX Run/Walk**

The ORRC Y2kX will be held on Sunday, January 3rd, 2010 at 9:30am at Tom McCall School in Forest Grove, Oregon. The event includes a 20.10K run, a 10K run/walk, and a non-competitive 2 mile run/walk. All events start at 9:30am. All three races start and finish by the Tom McCall East school building, but parking is available at both the east and west buildings. The course follows city streets to rolling, scenic country roads, and finishes back at the school. **There will be a pancake breakfast awaiting all finishers and volunteers!**

**Fleece Vest**

A limited edition Y2kX Timberline fleece vest is available. Only pre-registered participants are guaranteed a vest. Day of race entrants get them as quantities last. The vest is not included in the basic registration fee; you must specifically order one. **Register early to get yours!**

**ORRC 10K Series**

This is the first event of the 2010 ORRC 10K Series. Check out [www.orrc.net](http://www.orrc.net) for more details.

**T-Shirt "Garage Sale"**

We'll have shirts from past ORRC events on sale. We'll also have caps, shirts, red flashing lights and other ORRC gear.

**Awards**

Plaques to overall winners (open and masters) and ribbons three deep in all ORRC age categories for the 20.10K and 10K. No awards will be given for the 2 mile. Awards will not be mailed.

**Race Results**

Results will be published in the Oregon Distance Runner and posted at [www.orrc.net](http://www.orrc.net).

**Registration**

**Mail Registration** must be postmarked by December 27, 2009.  
**Online Registration** is at [www.active.com](http://www.active.com) and closes 48 hours before the race. Fees go up on race day. (Registration starts at 8am on race day.) Register early and save!

**Celebrating 25 Years**

This run began as the "8.6 in '86", so we celebrate the 25th race that changes its distance every year!

**ORRC Y2kX Run Entry Form**

**REGARTE:** I know that running, walking and volunteering at races are potentially hazardous activities. I should not participate in activities unless I am medically able and properly trained. I agree to abide by any decision of a race official concerning my being allowed to participate in or complete this event. I assume all risks associated with participating in this event, including, without limitation, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone called to act on my behalf, waive and release the Oregon Road Runners Club, Washington County, Road Runners Club of America, all sponsors, and their respective directors, officers and members from all claims or liabilities of any kind arising out of my participating in this event, even though the liability may arise out of negligence or carelessness on the part of the persons named in this waiver, and grant permission to them to use photographs, motion pictures, or other record of me in this event.

Name \_\_\_\_\_  
 Run \_\_\_\_\_  
 Walk \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_  
 State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_  
 Sex (M/F) \_\_\_\_\_  
 Jacket Size \_\_\_\_\_  
 Email \_\_\_\_\_

Signature of Parent/Guardian (if participant is under 18) \_\_\_\_\_

<p>Make checks payable to ORRC and send to:          ORRC          Y2kX          PO Box 1035          Forest Grove, OR 97116</p>	<p><b>ENTRY FEES</b>          Day of Race          \$25 without vest          \$50 with vest          No ORRC discount          day of race</p>	<p><b>ENTRY FEES by 1-1-10:</b>          \$15 ORRC (no vest)          \$35 ORRC (with vest)          \$20 non-ORRC (no vest)          \$40 non-ORRC (with vest)</p>	<p>ORRC Member? Yes No          Please sign me up as an ORRC member!          Enclosed is \$30 individual \$40 family dues</p>
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